

# **Montana Youth Leadership Forum**

# MYLF Mini – VIRTUAL 2021 Program Schedule

#### DAY 1

8:30-9:00 Welcome / Guidelines / Ice Breaker

9:00-9:30 Leadership Plan Introduction

(My Likes/Dislikes map, pg. 17)

9:30-9:45 Activity

9:45-10:00 Break

10:00-11:00 History and Culture of Disability

(My Decisions map)

11:00-11:30 Activity

11:30-12:00 IEP

(Transition Journal pg. 12-13)

#### **EVENING SESSION**

6:00-7:00pm Keynote Speaker- Chris Ruden

Chris Ruden: an elite Powerlifter, world record holder, Titan Games competitor, entrepreneur, model and motivational speaker. Chris has a congenital birth defect leaving him with only 2 fingers on his left hand and a

shorter left arm.

7:00pm-8:00pm Self-Advocacy and socializing time

## <u>DAY 2</u>

| 8:30-9:00   | Welcome Activity My vision map                     |
|-------------|--|
| 9:00-10:00  | VR, Social Security, and IL (My Relationships map) |
| 10:00-10:30 | Leadership Plan (Pg. 18)                           |
| 10:30-10:45 | Break  |
| 10:45-11:15 | Activity   |
| 11:15-12:15 | <b>Self Esteem</b> ( <i>Pg. 14,15,16</i> )         |
| 12:15-12:30 | Leadership Plan (pg. 19)                           |

## **EVENING SESSION**

6:00-8:00pm Delegate Showcase and socializing time

## **DAY 3**

| 8:30-9:00am | Welcome Activity  |
|-------------|---|
| 9:00-10:00  | MonTECH   |
| 10:00-10:30 | Activity  |
| 10:30-11:00 | <b>Leadership Plan Completion &amp; submitted</b> (pg.20) |
| 11:00-12:00 | Self Advocacy final                                       |
| 12:00-12:30 | "Graduation", Wrap up and adjourn                         |